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CONFIDENTIAL EVALUATION SUMMARY

Child’s Name: Conner Smith (Not Real Client)
Age: 8 years, 7 months

Date of Birth: 01/01/201X
Date of Testing: 07/01/20XX

Conner is an enthusiastic, creative 8 year-old boy who struggles with hyperactivity, impulse control, and self-regulation. He and his parents are working with a psychologist, Dr. Freud, who recommended further evaluation. The diagnoses below were provided based on his full profile of strengths and weaknesses.

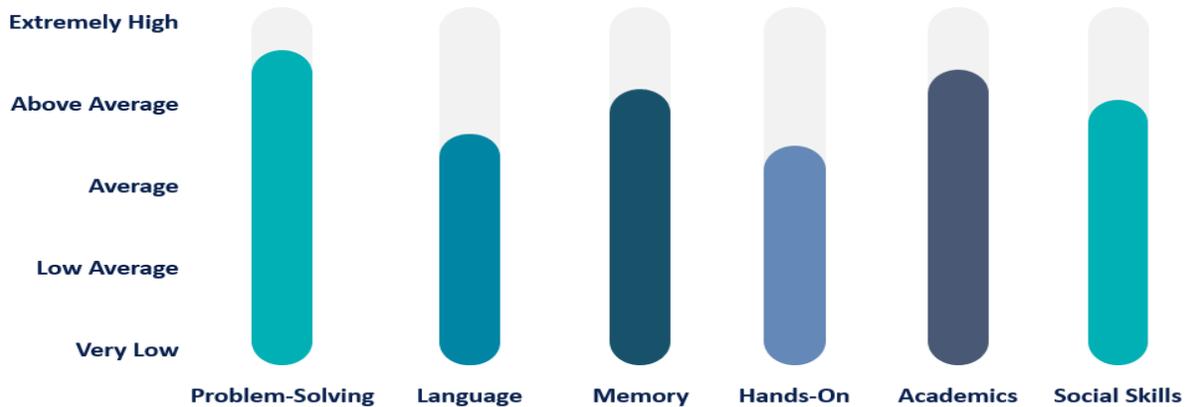
Diagnoses

ICD-10 Code F90.2: Attention-Deficit/Hyperactivity Disorder (ADHD), Combined Subtype
 ICD-10 Code F32.9: Depression Not Otherwise Specified

Conner’s Strengths

- Conner is a bright child. He can easily solve a wide range of problems designed for children his age. He scored as well as or higher than 92% of boys his age on the problem-solving tests.
- Conner can understand others. He can express his wants and needs. He easily remembers information. He is good at hands-on tasks such as drawing and building. He can do schoolwork that is at or above his grade level.
- Conner has good social skills. He is affectionate with his family, friendly with peers, and shows empathy and compassion. Conner is also curious, energetic, optimistic, and eager to please others when he can.

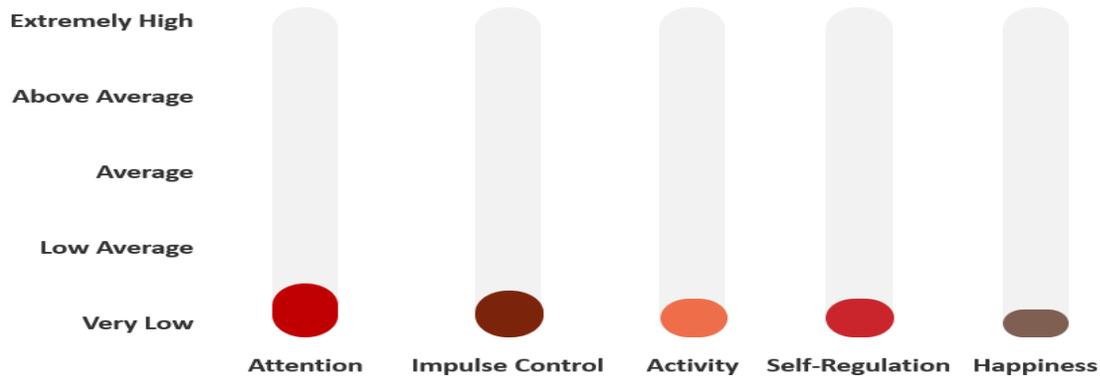
CONNER’S STRENGTHS



Conner’s Vulnerabilities

- Conner struggles with self-regulation. He is highly active and fidgets often. He finds it hard to control his activity level and impulse control. His parents also reported day-to-day executive functioning difficulties on rating scales. They reported he has more challenges with overall self-control than 99% of boys his age.
- Conner’s parents also reported a high level of symptoms of depression. They said Conner seems sad, cries easily, is negative about things, and becomes upset easily.
- Conner interprets neutral situations as negative. For example, he interprets neutral facial expressions as angry or upset. When I saw him, he often seemed to think he was about to “get in trouble.” He often apologized over small mistakes and was very pessimistic. He talked negatively about himself. His self-esteem was low.

CONNER'S VULNERABILITIES



Recommendations

Medical

1. I encourage Conner's family to share the results of this evaluation with his pediatrician. My understanding is that Conner's parents have scheduled a psychiatry appointment for him within the week. I recommend they discuss treatment options for his hyperactivity, impulsivity, attention problems, and executive functioning challenges with the psychiatrist. I would also strongly recommend that Conner's parents and psychiatrist discuss his comorbid mood symptoms as part of the process of determining the best treatment options for him.

Educational

2. Conner would benefit from support in the school setting, ideally provided through an IEP or 504 Plan. He needs:
 - Repetition of important information and references to refer to (e.g. copies of directions)
 - Preferential seating and frequent opportunities to get up and move around
 - Encouragement to slow down while working
 - Social and emotional support in the school setting

Therapy

3. Conner and his family will continue to benefit from participating in therapy and parent management training with a warm, nurturing therapist familiar with the needs of children with ADHD and comorbid mood disorders. As Dr. Freud is closing his practice, I recommend they contact Dr. Jung at 555-555-1212.
4. Conner needs support around interpreting situations accurately. He has an attribution bias that makes him interpret neutral or ambiguous social cues as hostile, threatening, anxiety-provoking, or distressing. This reduces his threshold for becoming upset and dysregulated, and is an important focus of treatment.

Home and Community

5. Conner will benefit from continued involvement in physical activities that get him moving and allow him to interact with others (to the fullest extent possible during this pandemic). These activities will allow him to better self-regulate, develop new skills, show his strengths, and build his self-esteem.

Resources and Follow-Up

6. I gave handouts on ADHD and Depression in children to Conner's parents. These handouts include information about the many ways ADHD and depression affects children, as well as treatment options, frequently asked questions, and useful books and websites. I would like to see Connor again in 1-2 years to monitor his progress.

If you have questions, feel free to contact me at (360) 334-6156.

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